

Practical Educator Capacity Evaluation for Instructor Applications



This portion of the exam is an evaluation on the safe and relevant teaching abilities of the Mounted Archery Instructor candidate.

The evaluation can be achieved through a 30 to 60 min in-person evaluation or, alternatively, as a pre-recorded education of mounted archery topics presented as video(s) to the CFMA.

During an in-person meeting examination, the candidate will be tasked to present on a range of general topics and then asked questions from the CFMA examiner as though they were being asked by a student. The topics will be chosen by the CFMA examiner and presented to the candidate at the time of the examination.

The candidate may alternatively opt for creating and submitting video(s) to demonstrate their teaching abilities. These videos will be evaluated for content and delivery of the material, not on the quality of the video or on cinematography; we are looking for your teaching ability (can you convey the information to rider/archer/horse?), your knowledge of the subjects, and your safe practices.

Included at the end of this document is a lesson plan template and example of a lesson plan for beginner archery. It is not mandatory to use this lesson plan, however it is a valuable resource to help the candidate prepare for their evaluation.

All practical educator evaluations will result in a pass or re-take outcome, and candidates may have two practical instructor evaluations in any given 12 month period.

If you have any questions, please email the CFMA at mountedarcherycanada@gmail.com.

Guidelines for the videos are as follows:

--Target cumulative duration should be 25 to 35 minutes, and be submitted via email or shared with the CFMA using a link to a Google Drive file.

--You may capture yourself either presenting to an actual or “acting” student, or simply present to the camera as though it were directed towards a student or being recorded for an online educational resource.

--Please ensure that you have the permission of any additional participants (or their parents/guardians) in the video to submit it to the CFMA.

Videos should cover the following topics:

Introduce who you are and why you want to teach mounted archery.

Choose a minimum of **one** topic from each of the following three categories:

General:

- Explain how to outfit beginner students with archery equipment
- Explain the primary differences between traditional ground archery and the shooting styles that work for mounted archery.
- Introduce the educational process and sequence of how we learn mounted archery

Archery on the ground:

- Usage of range commands
- Choose a mounted archery draw style and teach it, with an associated method for nocking arrows
- Teach a basic emulation drill that will help a beginner to prepare for shooting from a horse

Archery While Mounted: (your chosen topic must involve direct interaction with a live horse; please include enough footage that examiners will be able to observe your skills while working with a horse)

- Explain what is meant by “aids” for a new rider.
- Describe what is meant by “shooting in the rhythm of the canter” and an emulation drill we can do on the ground to prepare ourselves for this.
- How do we train/prepare a horse for Mounted Archery (a horse that is already trained for riding)

Mounted Archery Lesson Plan (template)

Title of Lesson	
Purpose (“Why” of the lesson, where and how does it fit into your course/curriculum)	
Learning Outcomes (What will the students know / be able to do by end of lesson) Know: Able to Do:	
Session Opening (Introduce lesson content / a way to begin lesson / set the tone / focus student attention)	
Input from You (teaching content: information, concepts, principles, procedures, examples, ideas, etc.)	Guided Practice (Application of Knowledge: archery activities, problems to solve/goals to achieve, etc)
Check for Understanding and Safety (What questions will you ask to determine student’s comprehension and safety?)	
Closure (Recap key concepts to help students consolidate knowledge, home work, lead-in to next lesson)	

Mounted Archery Lesson Plan (example)

<p>Title of Lesson</p> <p style="text-align: center;"><i>Lesson 1 – Beginner Archery</i></p>	
<p>Purpose (“Why” of the lesson, where and how does it fit into your course/curriculum) <i>Introductory lesson, first experience with bow and arrows, safety rules on and off the range, Range Commands, basic archery terminology, teaching of “basic Stance” and “basic shooting sequence” (“nock-draw-release”), Three-Finger-Draw, explore both right- and left-hand draw, proper arrow retrieval,</i></p>	
<p>Learning Outcomes (What will the students know / be able to do by end of lesson)</p> <p>Know: <i>Range commands, Safety rules (no dry firing, not pointing at anyone, obey instructor and SO, bow is not a toy, both tip and nock are dangerous), when retrieving arrows –pick up arrows from ground before pulling from target, proper arrow pull etiquette, names of bow and arrow parts, side stance (as basic starting position), their more comfortable draw hand</i></p> <p>Able to Do: <i>putting on archery equipment (quiver, armguard, etc. if applicable), basic stand, hold bow, nock arrow, draw and release arrow towards target from both sides; retrieve and pull arrows from target,</i></p>	
<p>Session Opening (Introduce lesson content / a way to begin lesson / set the tone / focus student attention) <i>“Meet and Greet”, explain what today’s goal will be (outfit with equipment, Safety and Range Rules, some basic archery knowledge and terminology, shooting of arrows, Questions from students?,</i></p>	
<p>Input from You (teaching content: information, concepts, principles, procedures, examples, ideas, etc.)</p> <ul style="list-style-type: none"> • <i>Outfit new archers with bows (already strung) and arrows (and applicable equipment [finger tape, arm guards, quivers] – ensure compatibility of equipment to archers [draw weight]), any questions?</i> • <i>Safety talk, Range Commands, any questions?</i> • <i>Teach basic stance, nocking, drawing, releasing; pulling arrow from target, Questions?</i> • <i>Emphasize importance of competent shooting action prior to attempting to aim</i> • <i>Identify basic parts of the bow and arrow</i> • <i>Introduce some back, shoulder, arm, and neck stretching exercises</i> 	<p>Guided Practice (Application of Knowledge: archery activities, problems to solve/goals to achieve, etc)</p> <ul style="list-style-type: none"> • <i>Call archers to line, bows in right hand</i> • <i>Archers nock, draw, and release set of arrows; correct individual students</i> • <i>Address and discuss challenges encountered by students, teach troublesome aspects again</i> • <i>One more round with bows in right hand</i> • <i>Retrieve arrows (emphasize safe practices and range commands)</i> • <i>Repeat process with bows in left hand</i> • <i>Feedback (difficulties and successes)</i> • <i>Repeat shooting practice for several rounds, alternate draw hand</i> • <i>Feedback</i> • <i>At opportune time (to allow beginners to rest muscles and fingers) teach archery theory (basic parts of bow and arrow), stretching exercises.</i>

Check for Understanding and Safety (What questions will you ask to determine student's comprehension and safety?)

- Is anyone having trouble with?
- How is "it" (nocking/drawing/etc) working for you?
- Does anyone want to see "this" again?
- Is anyone getting sore? Fingers / shoulders / bow hand
- How is the top of your bow hand? - Check for proper placing of nock point to avoid chaffing of bow hand
- Is anyone getting tired?

Closure (Recap key concepts to help students consolidate knowledge, home work, lead-in to next lesson)

After last shooting round and before retrieving arrows, recap: - "Today we learned about: ...

- Range Safety - recap range commands used, dry firing, dangers of mishandling equipment
- How to nock the arrow, and draw the bow with the Three-Finger Style
- Executing a right hand and a left hand draw, and found out which is our more comfortable side
- How to pull out the arrow from the target
- Some basic archery terminology [ask the students to name the parts of the bow and arrow]

Any Questions? -.....

Next week/lesson, we will take what we learned today and start our session with this practice. Then we will alter our distance to the target. Over time, our movements will become ingrained and more comfortable, and we will improve.

When you are home, think about the things we did today, that worked well for you and that were hard. If you come up with any questions, bring them up next week and we will discuss them.